



Vermont Community Health Equity Partnership Fall 2023 Gathering - October 19, 2023

Reflection Activity - Typed Responses Suitcase, Freezer, Waste Basket

SUITCASE: What work have you done that you want to take with you?

- Data
- Time / exhausted
- Storytelling
- Gratitude
- Relationships
- Nothing about us without us
- Connections and improving myself
- Participatory grant making
- Supplemental funding - avoid reimbursement style funding
- I have learned a lot of accounting skills!
- Building community relationships
- Making changes at the leadership level
- Graduating from The HUB leadership program
- Community partnership and collaborations
- Sharing stories - will Health Equity funding help make legislative / policy changes for our specific groups?
- Connecting with community partners to elevate their talents, knowledge, and work!
- Community arts and art activism and finding ways to integrate artistic and outdoor activities in health curriculum
- Value my lived experience and worth
- Continue to support grassroots initiatives to address marginalization / inequity
- Public health is everywhere
- Keep providing space for the community to connect with agency representatives
- Collaboration and relationship
- Relationships
- Community awareness
- Community engagement
- Identifying lived experience
- Survey / data
- Gaining work experience
- Power in the letterhead
- Community relationships
- Community awareness
- Optimism that change may just be possible
- Keep providing meals on a weekly basis
- Communication and conflict management skills
- Community awareness -housing, mental health, health
- My connections from the community
- Connections with people / organizations
- Health equity in everything we do
- Deeper and broader perspective on equity
- All of the great relationship building work, even when it's hard
- Starting an art class at The HUB for The HUB for the community
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- Starting an art class at The HUB for The HUB for the community
- Professional relationships
- My connections from the community
- Hearing about different projects

FREEZER: What have you done/learned that you're not sure what to do with?

- Sub granting but not right now and in a different way in the future
- Making mental health work for the community and how to make them accountable for what they aren't doing in the community.
- A leadership priority -bandwidth, resources, decrease mental / physical fortitude, lack of sustainability, money.
- My continued learning and my dreams / goals
- Lack of proper templates and documentation
- Becoming aware of students' difficult family histories, how to navigate different experiences and Developmental stages in the same classroom.
- Staffing capacity, turnover, training, burnout
- The stories shared by often unheard populations... Simply passing them along doesn't seem like enough
- I have learned that people like my cooking. Not sure where to go from there.
- How hard it is to carve out time and energy to do the work!
- Low event turnout - what are the obstacles? Go to them.
- Belonging in the community
- Lack of continued funding
- Community awareness
- Community outreach
- Project tracking system sharing
- Housing, transportation, food, dental care
- I know what needs to change but not sure how to keep pushing / applying pressure to force the needle to move.
- Hiring someone to do the project - hopeful, then hopeless
- Addressing resistance that impedes progress toward an aspiration
- Creating better access to medication for those fighting substance abuse
- How to get the most out of storytelling - advocacy
- Stress on grant ending
- Resource equity across the river
- I am concerned about the misuse of grant funds
- Relationship building takes time
- Vast inequity plus lack of representation in leadership on a system level
- Events are rushed, distracted from priorities
- Time spent doesn't always produce results
- Community / grant funded model

WASTE BASKET: What have you done/learned that you will not be taking with you?

- Complexity when simplicity will suffice.
- Working in silos
- Fear
- Low capacity / staffing
- Short timelines
- Reimbursement model
- Reimbursable funding
- This isn't a priority right now
- Barriers
- Unsustainable funding
- "We don't have that here"
- Timeline
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- Sheepishness asking for admin support
- Complaints because of LGBTQIA+ content being taught
- Leaving behind people who are not ready to contemplate change
- Trying to "convince" people our work is good!
- I've learned who doesn't support this work and I'm not taking the negative speak personally
- "This community isn't ready for that"
- Not prioritizing "right now"
- I tried reporting what my landlord did but nothing was done
- Let go of insecurities
- Leave bad juju behind
- Isolated models
- Stop being a token
- Urgency (impact / outcome)
- Complaining
- Additional reporting with no staff
- Reimbursable grant process
- Monthly reporting - too time consuming
- Mean people
- Responsibility for outcomes of the grant when others dropped the ball / didn't do their role.
- Reimbursable model
- negotiation with property owners and landlords without professional guidance
- negative attitude that others share and my own impatience with others