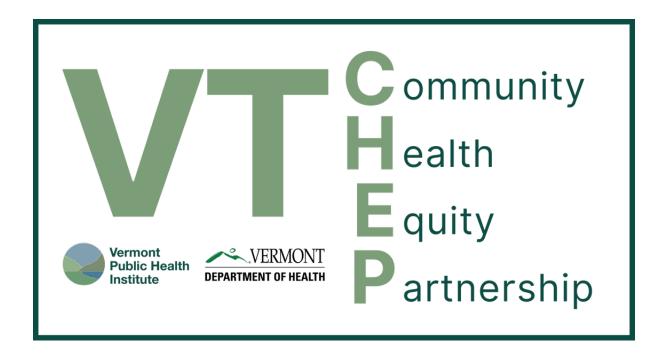
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Monday, March 20, 2023

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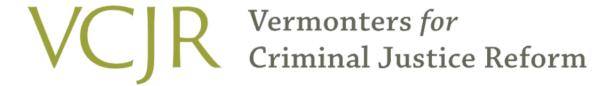
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VT CHEP DISTRICT HIGHLIGHT

Burlington Health District Chittenden County, Vermont

Data Driven Problem Statement

The COVID-19 pandemic exacerbated the existing issue of health inequities and social disconnectedness in defined sub populations of Chittenden County. These stressors were noted particularly as a result of pandemic "lock down" and anxiety regarding the effects of the pandemic on such elements of health, school, employment, and housing. The UVMMC 2022 CNA survey results found that the majority of residents in the areas served by the medical center feel safe and trust in their communities. However, focus group responses described a desire from many groups for stronger community connectedness so as to improve mental health and well being.



Project Highlight!

Vermonters for Criminal Justice Reform (VCJR)

This funding will support enhancements to VCJR's newly opened specialized reentry and recovery center for justice-involved people living with substance use disorders and co-occurring mental health disorders.

Intended results: Reduce social isolation and improve health equity via capacity enhancements to our new re-entry and recovery center for this particularly stigmatized and marginalized population.

Read the Seven Days Article About VCJR Here

PUBLIC HEALTH SPOTLIGHT

March is Women's History Month

Since 1987, March has been recognized as Women's History Month in the United States. It is a dedicated time to honor women's achievements in history, culture, and society. Women have always played a significant role in developing medicine and health.(1) They have held positions as physicians, nurses, midwives, campaigners, and public health specialists. Women have contributed to the research of diseases, the improvement of healthcare access, and patient healing. In honor of this Women's History Month, we will highlight two women in history

who have made significant contributions to healthcare.

Dr. Virginia M. Alexander was a public health specialist and trailblazing Black physician known for her work in the 1930s. Dr. Alexander looked after Black patients and researched racism in the medical field. She demonstrated through her study how racism and segregation were detrimental to the health of African Americans.(2)



Dr. Virginia M. Alexander

Dr. Helen Rodriguez-Tras was a public health expert and women's rights advocate. She served as the American Public Health Association's first Latina director. Her career was guided by her knowledge of how social and economic disparity affects people's health which she contributed to the expanding women's health movement in the 1970s.2



Dr. Helen Rodriguez-Tras

This Women's History Month, let's remember to celebrate and honor all of women's contributions to public health!

Citations

- 1. Women's History Month. National Women's History Museum. https://www.womenshistory.org/womenshistory/womens-history-month. Published 2023. Accessed March 5, 2023.
- Women in public health and medicine. National Parks Service. https://www.nps.gov/subjects/womenshistory/women-in-health.htm. Published 2023. Accessed March 5, 2023.

The Public Health Spotlight is a new feature of our Newsletter and is written by VtPHI intern, Zyakkiriah, currently enrolled in the Masters of Public Health program at UVM.

VT CHEP ACTIVITIES



We can't wait to be together again!

The VT CHEP April Convening 2023
Capacity Building for the Future

<u>Agenda</u>

The agenda will be updated, so please check it periodically.

April 12th and 13th at the Killington Grand Resort and Hotel In-person and remote/hybrid options available

Registration was due Friday, 17th.Please check with your District Integrator.

March Workshops This Thursday - March 23, 9:30am

The audience intended for the workshops is <u>all</u> VT CHEP partners statewide.

Thinking Styles and the Impact on Communications

Thursday, March 23 | 9:30am - 11am

Our brains are all wired differently - pause with us to reflect on how those differences impact communications. Using a well researched tool around thinking styles, we will explore the ways those thinking styles impact communications. We will explore tips and tricks for ensuring your communications provide anyone, with varying thinking styles, the information they need from your communication. This approach can be used in organizational announcements, grant narratives, community outreach, and many other situations.

Offered by Ricky and Tess with Padgett Coaching.

Register for March 23rd Here!

May Workshops

The audience intended for this workshop is <u>all</u> VT CHEP partners statewide.

Vermont Community Foundation: An Introduction to Grants and Resources

Tuesday, May 9, 2023
10:00 - 11:30am
OR
5:00 - 6:30pm

Have you wondered what the Vermont Community Foundation is and how to most effectively access its resources? The grantmaking team wants to let you know who we are and how VCF can be a resource for you!

We will cover:

- What the Vermont Community Foundation is and what we do on the grantmaking team,
- Different types of funding,
- How to access resources, and
- The role of the Nonprofit Connection Form.

This is NOT a webinar – hopefully it's a time for us to share information and for you to ask questions! Please note we will not be able to dive into specific situations on the call due to privacy concerns, but you will come away with an idea of how to have your questions answered in the future.

Register for May 9th @10am Here!

Register for May 9th @5pm Here!

Emergent Learning After Action Review Workshop

Thursday, May 11, 2023 12:00 - 1:30pm

Audience: Backbones, Integrators, Community Projects

At the conclusion of each community project through the VT CHEP funding, an Emergent Learning After Action Review needs to be submitted.

In this workshop we will:

- Review the template provided and purpose
- Review examples of completed reviews
- Collaborate with peers in the space to work on our own reviews

Register for May 11th @12pm Here!

Webinar Materials

Find Instructions Here



FUNDING OPPORTUNITY



Vermont Equity and Justice Grant Program

The Ben & Jerry's Foundation is very pleased to announce the opening of our 2023 Vermont Equity & Justice Grant program with an allocation of \$300,000. Beginning this summer, the Ben & Jerry's Foundation will offer competitive grants of up to \$20,000 to Vermont-based, non-profit organizations working to address racial, economic, social and environmental disparities in the state. Organizations must have total annual operating budgets of \$500,000 or less. Grant decisions are made by a team of Ben & Jerry's employees from each of our three Vermont office and manufacturing sites.

Grants up to \$20,000

Deadline: May 1, 2023

Contact: Becca Golden, <u>becca.golden@benjerry.com</u>

Learn More!



Spark Connecting Community

Focuses on strengthening community connections that lead to action and impact. The Spark program will accept applications from hyperlocal, place-based projects (applications from a single community or a few towns working in partnership in

the same region) or statewide/regional projects that support a community of individuals with a shared identity or interest, such as a project supporting visual artists throughout the state.

This program will prioritize funding projects that:

- Increase Vermonters access to opportunity as outlined in our <u>four focus</u> <u>areas</u>
- Connect people with each other in deep and meaningful ways that are grounded in acts of generosity
- Connect people to the environment around them in ways that encourage stewardship and respect
- Increase opportunities for positive social interaction
- As part of a project budget, the Spark program will support stipends to individuals who otherwise would not be able to participate to ensure more inclusive community processes, programs, and/or events (ex. childcare support, stipends to individuals, or transportation).

Grants \$500 - \$5,000

Round two: June 6 - July 18, 2023. Applications must be received by 5PM on Tuesday, July 18 to be considered. Applicants will be notified of grant decisions in September.

Contact: <u>grants@vermontcf.org</u> for more information or questions.

How to Apply

EXTERNAL ACTIVITIES

The Talk, Vermont



White Supremacist Groups in Vermont Wednesday, March 29, 2023, 7pm

James Lyall, Executive Director of Vermont ACLU, Julia Torti, Assistant U.S. Attorney for Vermont, Kevin Christi, Chair of the Vermont Human Rights Commission; Julio Thompson, Assistant Attorney General of Vermont; and Rev. Mark Hughes, Executive Director of the Vermont Racial Justice Alliance, will discuss the growing presence of White Supremacist groups in Vermont.

Recommended Reading: White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson

Sponsored By: The Vermont Racial Justice Alliance, Mount Mansfield Community Television and Good Shepherd Lutheran Church

The Talk, Vermont offers monthly occasions where topics of uppermost importance to people of color are shared and discussed with the hope of attracting allies and fostering positive change for all Americans.

Register Here



Public Health Champion Award Nominations Now Open

Due April 7th, 5pm

The Vermont Public Health Association is proud to announce the 5th annual Vermont Public Health Champion Award series. This honor recognizes **an individual** who has made extraordinary contributions to public health within the state of Vermont. This award was created to acknowledge and appreciate the critical role that individual Vermonters play in protecting and promoting the best health for all Vermonters. Nominees may be professional/non-professional, community leaders or representatives, or volunteers for example: educators, health professionals (e.g., doctors, nurses), administrators, journalists, lawyers, public health professionals, human services personnel, or community organizers.

Contact: Chair of the Public Health Champion Committee, Burt Wilcke, at **burton.wilcke@uvm.edu**,

Nomination Form

Looking for trainings on persuasive communication, conflict management, and strength-based leadership?

NE Public Health Training Center Resources

Create an account and gain access to these resources. Learn how below!

Persuasive Communication

Storytelling for Public Health
Creating Persuasive Public Health Messaging
Marketing Public Health
Health Literacy Response to COVID-19
NEPHTC's Live, Online and Coaching Options for Persuasive
Messaging!

<u>Creating Public Health Messages and Materials Using Plain Language</u>
<u>Best Practices in Public Health Communication to Promote Equity</u>
and Inclusion

<u>Conflict Management</u>
<u>Calling In, Not Calling Out</u>
Trauma Informed Conversations

Strength-based Leadership

Making the Economic Case for PH Programs
Our Voice: Harnessing Local Expertise to Create Healthier
Communities

The Maliseet Food Sovereignty Initiative: Partnership to Promote
Food Sovereignty and Food Security
Engaging Indigenous Communities in Health Equity Activities

Webinar Materials

Find Instructions Here



The Poetry Experience



The Poetry Experience

Every 2nd and 4th Saturday, 1pm -3pm

Fletcher Free Library

Download PDF

The Vermont Office of Racial Equity

Language Access Report

Resource

Download PDF





Fostering Belonging in the Howard Center Annual **Workplace: Spring Shared**

Conference

Webinars

Webinar Series

Learn More

Wednesday, April 19, 2023 8:30am-4:30pm

Virtual or In-person

Learn More and Register





Exploring the Racial Equity Toolkit

Tuesday, April 18, 2023, 3pm -4pm

Live Webinar

Learn More and Register

Between Listening and Telling

April 1, 2023 Rutland

Interactive Book Talk

Learn More





Supervision for BIPOC Leaders: Relationships and Structures that Help Us Thrive

Day 1: Tues, April 4, 12:30 pm - 3:30pm

Day 2: Thurs, April 6, 12:30 pm - 3:30pm

Webinar Series

Learn More and Register

Community Fellows Program For Emerging Leaders

Apply by April 21, 2023

Website

Learn More





Who Can Help? Federal Funding Assistance and Support

Friday, March 24, 2023, 10am-

11:30am *Live Webinar*

Learn More and Register

UMatter Suicide Prevention Awareness and Practice Series

- * Wed., April 12, 2023, 10-11:30 am
- * Wed., May 10, 2023, 10-11:30 am
- * Wed., June 14, 2023, 10-11:30 am Webinar Series

Register





Nonprofit Advocacy Series: How to Tell Your Story Using Values-Based Narratives

Wednesday, April 12, 2023, 11am-12:30pm

Live Webinar Series

Learn More and Register

Beginning Grant Writing

Thursday, May 4, 2023, 10am - 1pm

Live Webinar

Learn More and Register





Applications Open for Leadership Champlain Class 2024

Deadline: April 15, 2023

Contact Leadership Champlain Program Director Alex Bunten with questions at alex@vermont.org.

Learn More

How to Support a Sustainable and Resilient Collaboration

Monday, April 3, 2023, 2pm-3pm

Live Webinar

Register Here

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Do you want to add to the newsletter?

Do you have an opportunity to share with the statewide collaborative? Please email caikman@vtpha.org with the information!

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