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**Monday, April 3, 2023**

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# IN THIS NEWSLETTER

**District Highlight**

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**External Resources**

*webinars, events, articles*

**Join the Newsletter!**

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## VT CHEP DISTRICT HIGHLIGHT

**United Way of  
Windham County**



**Brattleboro Health District  
Windham County, Vermont**

**Data Driven Problem Statement**

Community members who seek social services (such as housing and food) from community organizations and government programs often experience a need for more than one resource. These community needs are not always met effectively, timely, or appropriately.

The following are the most resounding opportunity gaps when supporting the health of our community:

1. Funding Limitations & Intersectional Needs
2. Lack of Linguistic & Cultural Humility

Other related opportunity gaps that could possibly be explored and addressed are distrust of the current systems of care, mutual aid and peer supports as more effective tools, lack of transitional housing, and the many gaps in mental health resources.

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## 8 Community Projects!

### **Atowi**

To provide a community food shelf/food preparation program that will both serve nutritional needs for under-resourced members of our community, as well as provide food sovereignty opportunities for learning about culturally-appropriate sustenance relationships

### **Community Asylum Seekers**

Case management services such as community orientation, job training and placement, connection to language classes, childcare and medical insurance as well as interpretation services which includes opening access to medical and mental health care for asylum seekers.

Also, a collaborative series of antiracism workshops and study groups designed for people in Windham County engaged with immigrant and refugee support.

### **Ethiopian Community Development Council**

Expansion of health and social integration programming for refugees in Windham County. To include sewing courses, health education events, art therapy, yoga, and language classes. Pashto and Dari translation services, transportation services and group family outings.

### **Neighborhood Connections**

Increasing rural access to mental healthcare, nutrition, employment, recreation, transport, and socialization through social work services and programming. These offerings will serve residents of Stratton, Londonderry, and Jamaica Vermont.

### **Out in The Open**

Augmenting staff support in health equity access for rural LGBTQ+ HEART program, health justice services, and support community members' participation in in Brattleboro Memorial Hospital LGBTQ+ Clinic Advisory group.

### **Putney Community Cares**

Fostering good health, wellbeing, and independence of all members of our community, from newborns to older adults through a variety of projects. These include providing support to the prepared meal distribution program, a memorial garden for reflection and grieving, adult diaper and brief bank, BIPOC and gender affirming hair clinics, clothing and undergarments to support Trans youth, education and outreach on indigenous history, and a community nurse program.

### **SUSU**

Free food and distribution program with CSA food boxes delivered to BIPOC families. Multicultural workshops and programs around racial trauma healing, herbalism and healing. Supporting and retaining diverse staff and offering of a resilience farm volunteer program.

### **The Root Social Justice Centre**

BIPOC Healing Series Hair Clinic to address the needs of multiracial families of primarily southern Vermont.

**[Learn More About United Way of Windham County](#)**

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# **VT CHEP ACTIVITIES**

# Capacity Building for the Future

VT CHEP Networking Event

Wednesday, April 12, 2023

9am-5pm

*for all VT CHEP partners*

Thursday, April 13, 2023

8:30am-2:30pm

*ONLY for Integrators, Backbone staff, and VDH District Directors*

## **We Are Counting the Days!**

*Be sure to check out our [webpage](#) to find the latest details about*

*The VT CHEP April Convening 2023  
Capacity Building for the Future*

***You will find new information about activities, the remote options and more!***

*Virtual registration closes on Wed, April 5th!*

*Register to attend virtually here!*

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## **New May Workshops Added!**

### **May Workshops**

*The audience intended for this workshop is all VT CHEP partners statewide.*

Workshop

# Power Mapping

LJ Wallace and Kelly Danckert,  
Health Resources in Action (HRIA)

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**Tuesday, May 2, 2023**

**9-10:30am & 4-5:30pm**

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*Open to all VT CHEP partners statewide*

Power mapping is a method that visualizes how power is exercised across your community - who are the key leaders? How can they be motivated to support a shared vision of what you want to see for your community? Working towards systemic change can feel daunting, and power mapping is just one tool to demystify how decisions in your community are made and work towards creating an infrastructure for shared decision making. In this one-hour workshop, you will learn the key components of a power map and begin to formulate a power map for your community.

[Register for May 2nd Here!](#)

# *Vermont Community Foundation: An Introduction to Grants and Resources*

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**Tuesday, May 9, 2023**

**10:00 - 11:30am**

**OR**

**5:00 - 6:30pm**

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Have you wondered what the Vermont Community Foundation is and how to most effectively access its resources? The grantmaking team wants to let you know who we are and how VCF can be a resource for you!

We will cover:

- What the Vermont Community Foundation is and what we do on the grantmaking team,
- Different types of funding,
- How to access resources, and
- The role of the Nonprofit Connection Form.

This is NOT a webinar – hopefully it’s a time for us to share information and for you to ask questions! Please note we will not be able to dive into specific situations on the call due to privacy concerns, but you will come away with an idea of how to have your questions answered in the future.

**Register for May 9th @10am [Here!](#)**

**Register for May 9th @5pm [Here!](#)**

# *Emergent Learning After Action Review Workshop*

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**Thursday, May 11, 2023**

**12:00 - 1:30pm**

**Audience: Backbones, Integrators, Community Projects**

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At the conclusion of each community project through the VT CHEP funding, an Emergent Learning After Action Review needs to be submitted.

In this workshop we will:

- Review the template provided and purpose
- Review examples of completed reviews
- Collaborate with peers in the space to work on our own reviews

**Register for May 11th @12pm [Here!](#)**



Workshop

# Facilitating Online Meetings: Foundational Tips & Activities

Wichie Artu,  
Vital Partnerships

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**Tuesday, May 16, 2023 | 4-5:30pm**  
**Thursday, May 18, 2023 | 4-5:30pm**

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*Open to all VT CHEP partners statewide*

This workshop aims to teach four themes to use when facilitating online meetings: Connection v Content; Variety; Rituals; and Time.

This workshop is meant to be interactive, with these themes implemented throughout the discussion - instilling "lived experience" through activities and presentations.

[Register for May 16th or May 18th Here!](#)

Workshop

# Building Equitable & Sustainable Coalitions

LJ Wallace and Kelly Danckert,  
Health Resources in Action (HRIA)

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**Thursday, May 25, 2023**

**9-10:30am & 4-5:30pm**

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*Open to all VT CHEP partners statewide*

This workshop will provide an overview of what it means to build an equitable and sustainable coalition where community members have an active voice and sustained engagement. A common question many coalitions have is, how can we engage members and give them ownership of tasks without burning them out? This workshop will discuss this challenge and provide possible solutions to engaging community authentically and equitably, but in a sustainable way.

[Register for May 25th Here!](#)

**All Webinar Materials**

Find Instructions Here



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## FUNDING OPPORTUNITY



### Vermont Equity and Justice Grant Program

The Ben & Jerry's Foundation is very pleased to announce the opening of our 2023 Vermont Equity & Justice Grant program with an allocation of \$300,000.

Beginning this summer, the Ben & Jerry's Foundation will offer competitive grants of up to \$20,000 to Vermont-based, non-profit organizations working to address racial, economic, social and environmental disparities in the state.

Organizations must have total annual operating budgets of \$500,000 or less. Grant decisions are made by a team of Ben & Jerry's employees from each of our three Vermont office and manufacturing sites.

**Grants up to \$20,000**

**Deadline: May 1, 2023**

Contact: Becca Golden, [becca.golden@benjerry.com](mailto:becca.golden@benjerry.com)

Learn More!

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## Spark Connecting Community

Focuses on strengthening community connections that lead to action and impact. The Spark program will accept applications from hyperlocal, place-based projects (applications from a single community or a few towns working in partnership in the same region) or statewide/regional projects that support a community of individuals with a shared identity or interest, such as a project supporting visual artists throughout the state.

This program will prioritize funding projects that:

- Increase Vermonters access to opportunity as outlined in our [four focus areas](#)
- Connect people with each other in deep and meaningful ways that are grounded in acts of generosity
- Connect people to the environment around them in ways that encourage stewardship and respect
- Increase opportunities for positive social interaction
- As part of a project budget, the Spark program will support stipends to individuals who otherwise would not be able to participate to ensure more inclusive community processes, programs, and/or events (ex. childcare support, stipends to individuals, or transportation).

**Grants \$500 - \$5,000**

**Round two: June 6 - July 18, 2023. Applications must be received by 5PM on Tuesday, July 18 to be considered. Applicants will be notified of grant decisions in September.**

Contact: [grants@vermontcf.org](mailto:grants@vermontcf.org) for more information or questions.

[How to Apply](#)

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# EXTERNAL ACTIVITIES



While we all wish that the pandemic were over, COVID is still with us here in Vermont.

This is [especially true](#) for Vermonters who are [older, disabled, Black, Indigenous, People of Color, rural, pregnant, or low income](#). That's why the [Vermont Center for Independent Living \(VCIL\)](#) is excited to share the news of our pandemic equity work!

**Pandemic and Long COVID Support**

Even people who are fully vaccinated or recently had an infection are at risk of getting or spreading illness. We provide a wide array of support for people with disabilities and their families during on ongoing pandemic. This includes:

- High quality masks and tests
- Community groups for people still COVID-ing or with long COVID
- Support to safely access education, medical care, and civic life

For long COVID support contact: [krista@vcil.org](mailto:krista@vcil.org) or 802-224-1828.  
For all other support contact: [kate@vcil.org](mailto:kate@vcil.org) or 802-224-1818 (phone/text).

Learn More



**LGBTQIA+ Health Summit**

**April 22nd, 8am - 4pm**

# VT Technical College, Randolph VT

*Co-organized by: Pride Center of Vermont, Out in the Open, and Outright Vermont*

The LGBTQIA+ Health Summit is a place to get together to explore, query, and celebrate the Health & Wellness needs, projects, and strategies of our communities in an environment that is dedicated to and focused on our community and our collective LGBTQIA+ lived experiences. We will provide opportunities to bridge LGBTQIA+ people, family, and caregivers to direct service and care providers in hopes of better meeting the holistic needs of our communities.

[Register Here](#)



## Public Health Champion Award Nominations Now Open

Due **THIS Friday, April 7th, 5pm**

The Vermont Public Health Association is proud to announce the 5th annual Vermont Public Health Champion Award series. This honor recognizes **an individual** who has made extraordinary contributions to public health within the state of Vermont. This award was created to acknowledge and appreciate the critical role that individual Vermonters play in protecting and promoting the best health for all Vermonters. Nominees may be professional/non-professional, community leaders or representatives, or volunteers for example: educators, health professionals (e.g., doctors, nurses), administrators, journalists, lawyers, public health professionals, human services personnel, or community organizers.



Contact: Chair of the Public Health Champion Committee, Burt Wilcke, at [burton.wilcke@uvm.edu](mailto:burton.wilcke@uvm.edu).

## Nomination Form

### Caregiver Training: De-Escalation Techniques for Caregivers and their Families

This free training is on the importance of learning and using de-escalation techniques in our roles as caregivers, parents, and those in caregiving and client centered roles. It touches on self-regulation, self-awareness, and self-care as parts of the de-escalation process.



This training is available to anyone in Chittenden, Franklin, and Grand Isle Counties. It will be a hybrid model: in person and via Zoom.

**When:** Wednesday, April 19th, 2023 from 9:00 am - 11:00 am

**Location:** The Howard Center at 208 Flynn Avenue in Burlington

Please contact Lisa McCrillis at [LMcCrillis@howardcenter.org](mailto:LMcCrillis@howardcenter.org), 802-488-6957, or 802-305-0370 to reserve your spot as they are limited.



### 6. 3Squares Vermont

**3SquaresVT** helps families to put healthy food on the table. SEVCA can provide more information about this program and help you apply. Additional information on SEVCA and the no-cost services and programs we provide to Windham and Windsor County residents is available by calling **1-800-464-9951**

### 3: SEVCA Presents: Your Money & You, Personal Finance Basics – Pathways to Financial Success

**Do you know where all your money is going?** Would it feel better to have your money work for you? It is always easy to spend money, but keeping track of rising costs is difficult. These are some of the topics we will discuss to help gain understanding of how we can manage money and not have money manage us. Join SEVCA's **Financial and Energy Coach, Kevin O'Brien** at a free workshop Monday April 10, to gain a clearer picture of your money management opportunities.



The financial world is confusing and often predatory, but there are tools we can use to understand how to make the system work for us. We will review some of these tools and talk about current rebate and incentive programs that can help to lower monthly costs. Additional topics will include the basics of loans, credit score and credit reports, and understanding how to protect your personal information plus what to do if someone steals your identity.

**The workshop will be held on April 10<sup>th</sup> from 6:00- 8:00 pm** in-person at the Brooks Memorial Library in the meeting room, upstairs next to the children's room as well as on-line. SEVCA's Financial and Energy Coach is supported through the Green Saving Smart program, which is guiding Vermonters to a sustainable financial future. **For virtual sign up, setting up a one-on-one appointment, or more information contact:** [kobrien@sevca.org](mailto:kobrien@sevca.org)





## The 21-Day Racial Equity Habit-Building Challenge is Simple!

Food Solutions New England will host the 9th version of its food system-oriented 21-Day Racial Equity Habit-Building Challenge.

**Starts Today!**

**April 3, 2023 to April 23, 2023**

[Learn More](#)



## Trusting the Messiness in Collective Impact

What does it mean to "trust in the messiness" and keep moving forward in a collaboration?

*Podcast*

[Listen Here](#)



## **Inclusion and Wellbeing Conference - Livestream Only**

**Tuesday, April 11, 2023 9am - 1 pm**

**Remote Registration Closes April  
7th**

UVM Davis Center, Burlington, VT

[Virtual Registration](#)



## **Collaborative Assessment and Management of Suicidality Virtual Training**

**Wednesday, April 12, 2023,  
8:30am - 4:30pm**

Interested: Contact Steven Berbeco at  
[steven@unitedwaynwvt.org](mailto:steven@unitedwaynwvt.org).

[Learn More](#)

# **The Poetry Experience**

**County Health  
Rankings & Roadmaps**  
Building a Culture of Health, County by County

## The Poetry Experience

Every 2nd and 4th Saturday, 1pm - 3pm

Fletcher Free Library, Burlington, VT

[Download PDF](#)

## The 2023 County Health Rankings are Now Available

*Resource*

[Download PDF](#)



## Equity and Ethics in PH Research and Evaluation

Thursday, April 6, 2023  
8:30am - 4:30pm

*All day webinar*

*Need to create a "free" account first.*

[Learn More](#)

## Howard Center Annual Conference

Wednesday, April 19, 2023 8:30am  
- 4:30pm

*Virtual or In-person*

[Learn More and Register](#)



## Exploring the Racial Equity Toolkit

Tuesday, April 18, 2023, 3pm - 4pm

*Live Webinar*

[Learn More and Register](#)



## Nonprofit Training and Consulting Pilot Program

**Starts May 5th**

*4 week program in May*

[Learn More](#)



**Supervision for BIPOC  
Leaders: Relationships and  
Structures that Help Us  
Thrive**

**Day 1: Tues, April 4, 12:30 pm -  
3:30pm**

**Day 2: Thurs, April 6, 12:30 pm -  
3:30pm**

*Webinar Series*

[Learn More and Register](#)

**Community Fellows Program  
For Emerging Leaders**

**Apply by April 21, 2023**

*Website*

[Learn More](#)



Middlebury  
Language Schools

**Take the Language Pledge**

**Dramatically improve your  
proficiency in just one summer**

*Resource*

[Learn More](#)



**matter<sup>®</sup>**

**UMatter Suicide Prevention  
Awareness and Practice  
Series**

**\* Wed., April 12, 2023, 10-11:30 am**

**\* Wed., May 10, 2023, 10-11:30 am**

**\* Wed., June 14, 2023, 10-11:30 am**

*Webinar Series*

Register



**Nonprofit Advocacy Series:  
How to Tell Your Story Using  
Values-Based Narratives**

**Wednesday, April 12, 2023, 11am-  
12:30pm**

*Live Webinar Series*

Learn More and Register



**Beginning Grant Writing  
Thursday, May 4, 2023, 10am - 1pm**

*Live Webinar*

Learn More and Register



**Lake  
Champlain  
Chamber**



**VERMONT  
DEPARTMENT OF HEALTH**

**Applications Open for  
Leadership Champlain Class  
2024**

**Deadline: Sat., April 15, 2023**

Contact Leadership Champlain Program  
Director Alex Bunten with questions at  
[alex@vermont.org](mailto:alex@vermont.org).

Learn More

**New VDH Website**

**New Design that is easier to read  
and simpler to find key resources.**

*Resource*

Check it out!

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## JOIN THE NEWSLETTER!

***Do you want to add  
to the newsletter?***

Do you have an opportunity to  
share with the statewide  
collaborative?  
Please email  
[caikman@vtpha.org](mailto:caikman@vtpha.org) with the  
information!

[Join the VT CHEP Newsletter Here!](#)

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