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**Monday, October 30, 2023**

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# IN THIS NEWSLETTER

**District Highlight**

**VT CHEP Activities**

**Funding Opportunity**

**External Resources**

*webinars, events, articles*

**Join the Newsletter!**

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## VT CHEP DISTRICTS HIGHLIGHT

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**Bennington District**

**Greater Bennington Community Services**



On August 19-20, 2023, the Greater Bennington Community Services (GBCS) held the first [Remote Area Medical \(RAM\)](#) Clinic in Vermont. The clinic, held at Mount Anthony Union Middle School in Bennington, saw over 175 people for onsite dental, vision, and medical care.

RAM clinics occur in rural areas across the country, providing healthcare to people in need, no ID required. At the Bennington clinic, 117 people received dental care (extraction, filings, and cleanings), 51 received vision care (43 left with a new pair of glasses), and 80 saw a medical provider.

GBCS hopes to offer this clinic on an annual basis to meet unmet healthcare needs in the community and is in conversations with other communities in Vermont that are interested in hosting a RAM Clinic.



[Learn More](#)

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## White River Junction District

# Community Resilience Organizations - Land Access and Opportunity Board



The Land Access and Opportunity Board ("the Board") was created under Section 22 of **Act 182** of 2022 to engage with Vermont organizations working on housing equity and land access "to recommend new opportunities and improve access to woodlands, farmland, and land and home ownership for Vermonters from historically marginalized or disadvantaged communities who continue to face barriers to land and home ownership."

CROs is reaching out with an invitation to attend two community events, for another branch of our work at CROs.

The Land Access & Opportunity Board (LAOB), a Vermont State Board tasked with improving access to land and homes for traditionally marginalized communities, is inviting community members to come and share their experiences and ideas. Land and home access and ownership for these communities sometimes comes with higher barriers and limitations. The LAOB is holding these events to create space for solutions to be crafted by and for community members.

Come and help the LAOB design state grant programs that will work well for the communities it's serving!

**Land Access & Opportunity Board: Designing Land Access Grant Programs**

**SUNDAY, NOVEMBER 5, 2:00pm - 5:00pm**

North Branch Nature Center, Montpelier, VT

Register [here!](#)

**THURSDAY, NOVEMBER 9, 6:00pm - 8:00pm**

Virtual (Zoom)

Register [here!](#)

The LAOB was created to represent and serve the following marginalized communities: Black, Indigenous, and People of Color (BIPOC), LGBTQIA+, refugee/immigrant/undocumented, physical/mental development disabilities, and psychiatric survivors. We aim to make this event accessible to these communities in particular and welcome any and all participants.

Language translation services, childcare, and transportation support (including stipends up to \$50) are available for the in-person event.

Please fill out this [google form](#) to indicate your accessibility needs after you register.

[Learn More](#)

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**Learn About ALL of the VT CHEP Funded Community Projects**

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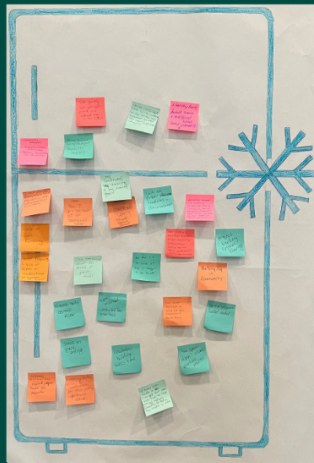
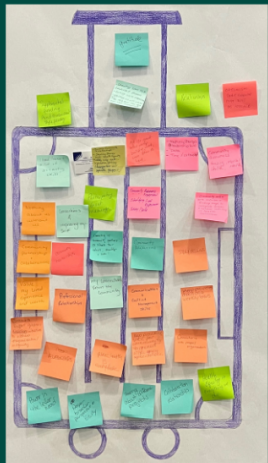
**VT CHEP ACTIVITIES**

# Fall Gathering

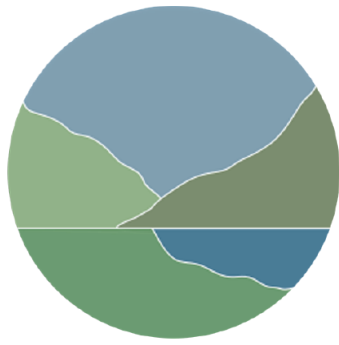
*Onward and Upward*

*Reflecting, Connecting, and Evolving*

Thanks to all who were able to attend the VT CHEP Fall Gathering.  
Find photos from the event and the event feedback form, which closes tomorrow,  
Tuesday, October 31st, on the [Fall Gathering website page](#).  
More photos coming soon of the wall posters.



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# Vermont Public Health Institute

## Change is Coming to VtPHI!

The Vermont Public Health Institute (VtPHI) is happy to announce a new partnership with [Health Resources in Action](#) (HRiA). HRiA will serve as an incubator organization over the next few years as the Institute reorganizes its governance structure and secures sustainable funding.

“This is an important step for public health and the advancement of health equity in Vermont”, said Penrose Jackson, Interim Executive Director of the Vermont Public Health Institute. “HRiA brings decades of experience in public health and has a long and ongoing relationship with public health initiatives in Vermont.”

The top priority for the Institute is to build the infrastructure needed to advance its mission to promote innovative approaches to health equity through community-based and evidence informed strategies to improve the health of all Vermonters. VtPHI is already working with HRiA and other public health institutes in New England on the Public Health Regional Innovation Hub, a project funded by the CDC with the goal of strengthening public health in by providing technical assistance, training, and other resources.

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## Upcoming Virtual Workshop!

THIS THURSDAY!





Workshop

# Lunch and Learn Connection Circles

Kari White

With the St. Johnsbury and Newport Health Districts

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**Thursday, November 2, 2023**  
**12pm - 1pm**

*Open to all VT CHEP partners statewide*

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"We know that to see improved day-to-day behaviors and short and long-term results within a system, it's important to understand how a system works ...what's happening, what's working, what isn't. Lasting, impactful change occurs when we understand a system fully and when we have the tools to change the system to produce desired results."

- The Waters Center for Systems Thinking

Connection circles are a collaborative systems thinking tool to help us turn our observations about the behavior of a system or story into a visible map of the feedback structure of a system - particularly an understanding of the meaningful connections and relationships between elements that change over time.

Come learn more and experiment with this simple and powerful tool that helps collaborators to:

1. Identify interdependencies - and the reinforcing or balancing causal loops that may be present in the system
2. Identify potential leverage points for action (places within a system where a small shift in one key variable can produce big changes in the rest of the system)
3. Surface and test our assumptions and understand our mental models about the shape of change

Outcomes are:

- Deeper understanding of the purpose and situational relevance of

Connection Circles (the what)

Connection Circles (the why)

- Practice identifying system variables, causal links and potential leverage points (the how)
- Increased confidence to apply tool in real world situation

*This session will not be recorded.*

[Join Zoom Here](#)

## All Webinar Materials

[Find Instructions Here](#)



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## CAREER RESOURCES

# Looking for a New Role As the VT CHEP Grant Winds Down?

*With the VT CHEP grant ending in November, some folks might be looking for a career change. Here are some resources and tips that we hope will be of help.*

Some times when looking for a new role, it can feel exhausting and overwhelming. Think about it in terms of "eating cake" - 99.999999% of the time, you do not

typically sit down and eat a whole cake; rather you take a slice or bite here and there until the “task” of eating the cake is complete!

Think of looking for a new role as many little steps (or "bites") that lead to the outcome you are hoping for (a great new role!).

Starting with some intentional foundation work first can help. Ask yourself:

- What are your core values in life and your professional values in career?
- Where do they intersect and where can you compartmentalize?
- What are my core values?
- Think about the industries that exist, and their characteristics - what feels like a good fit for your values?
- And, think about organizational attributes as well - what feels like a good fit for your values and needs?

With this foundational work completed, it can serve as a boundary for yourself as you navigate the job market.

### **A Few Career Resources**

[Figure out What You Want in Your Next Career Article](#)

[How To Job Hunt When You Are Already Exhausted](#)

[Public Health Careers Listing](#) | [Here Too](#)

[Find the Right Words and Build Skills](#)

[LinkedIn Networking Guide](#)

[Common Good VT Newsletter](#)

[VT Department of Labor Job Services](#)

[VT Professionals of Color Network Job Board](#)

**Oct 25, 2022: Networking Webinar on the VT CHEP | NEPHTC Platform**  
***Make an account to access this recorded webinar - instructions are [here](#).***

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# FUNDING OPPORTUNITY

## GRASS ROOTS FUND

### Seed Grants

The Seed grant program is geared towards groups launching new projects or starting to significantly change the direction of an existing project. Most often, groups have been working on the project less than a year and usually don't yet have much direct experience with implementing the idea.

Seed grants prioritize support for community groups who represent a broad range of voices in their community and who are not being reached by other funders. The Grassroots Fund interprets the word 'environment' broadly and provides funding for a wide range of activities.

Deadline: rolling - you can apply for a Seed grant any time of year. A final decision generally takes 4 to 6 weeks and you can expect to hear from staff to schedule a follow-up call in about 2 weeks from the date you submit an application.

Grant size: \$500 - \$1,000

Direct questions to: Tess Beem at [tess@grassrootsfund.org](mailto:tess@grassrootsfund.org).

### Rolling Applications

Learn More

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## Community Action Team Grants

The Vermont Community Action Teams (CATs) are groups of employees at each of Ben & Jerry's three Vermont manufacturing and office facilities. They offer general or project support within the broad guidelines and funding provided by the Ben & Jerry's Foundation.

Every month, the CATs make small grants, generally under \$2,000, to various local, community-based Vermont non-profit programs. In addition to making small grants, the CATs plan community service projects for all employees at their sites.

TO BE CONSIDERED FOR FUNDING, EACH APPLICANT ORGANIZATION MUST BE:

- Located in Vermont
- A local, community-based, non-profit, 501(c)(3) organization,
- An organization that has a fiscal agent with 501(c)(3) status,
- A municipal school, or a municipality

FUNDING PREFERENCE WILL BE GIVEN TO ORGANIZATIONS THAT:

- Focus on under-served populations including seniors, youth, low-income and communities of color
- Address basic human needs and the needs of underserved areas of the state
- Improve access to housing, food, health care, elder and child care
- Have a strong volunteer base
- Can demonstrate the support of their community
- Don't rely exclusively on funding from the Ben & Jerry's Foundation
- Might not have access to more mainstream sources of support

**Applications Reviewed Monthly**

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[Learn More](#)

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## EXTERNAL ACTIVITIES



### October is Breast Cancer Awareness Month\*

Breast cancer survival rates have improved, but Black, Indigenous, People of Color (BIPOC) patients still have the highest death rates among all demographics. This is often because of the additional barriers they face, which include health disparities and lack of cultural competency in health care settings. A lack of resources that prevent early screening and detection contribute as well.

[You First](#) offers free breast screenings and one-on-one support.

Mammograms improve one's chances of recovery by catching breast cancer early when treatment works best. Don't put off your mammogram—cancer doesn't wait!

*\*This was originally posted in the October VDH Health Equity Newsletter.*

[Learn More About You First](#)

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## VT Department of Health Translated Guidance on COVID-19 Vaccines

Find updated information about the 2023-2024 COVID-19 vaccine, where to find vaccines, and how to get help getting vaccinated as well as translated videos and fact sheets on the [VDH website](#).

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Find Materials Here

**THE RICHARD KEMP  
CENTER'S YOUTH MOVIE  
NIGHT**

**EVERY 2ND AND 4TH FRIDAY**

**372 N. WINOOSKI AVE.  
Burlington, VT 05401  
6.00 P.M. - 9.00 P.M.**

**FOOD/SNACKS!**      **GAMES!**      **BEVERAGES!**

For more information call Empress (802)-777-7532  
or Christine (802) 391-4335  
[WWW.RICHARDKEMPCENTER.ORG](http://WWW.RICHARDKEMPCENTER.ORG)

Learn More About the RKC



**United Way of  
Northwest Vermont**

## **Mental Health Initiative**

Volunteer to be on a project-based action team or be a participant in a regular drop-in or conversation. Click on a project below to fill out the form:

[Continuum of Wellness from School to College](#)

[Strengthening Our Community Through Protective Factors](#)

[Mapping the Mental Health System of Care](#)

[Building Out Suicide Prevention Resources](#)

[Making Room for Wellness: Stand-Alone Pods for Youth Therapy](#)

### **Meet virtually around mental health topics Informal networking to help connect to resources**

- [Monthly conversations about youth mental health](#) that are facilitated by KidSafe Collaborative Executive Director Sally Borden and Assistant Director Meghan Masterson. These meetings will be topic-based and feature review of relevant data, guest speakers, updates on projects, and other relevant topics in youth mental health.
- [Weekly drop-in meetings about relevant and timely topics in mental health](#), facilitated by community member and mental health graduate student Jared Maybeck. These meetings will feature guest speakers, updates on projects, and other relevant mental health topics.

[\*\*Learn More\*\*](#)

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**FREE 6-SESSION ONLINE COURSE!**  
**AND STILL WE RISE:**  
**Six-Month Leadership Forum**  
**for Womxn of Color**

Saturdays @ 10:00 AM - 1:00 PM ET  
S1: September 23, 2023  
S2: October 21, 2023  
S3: November 18, 2023  
S4: December 16, 2023  
S5: January 20, 2024  
S6: February 17, 2023

WITH AMIHAN MATIAS



FREE! Pre-registration is required. Register here:  
[www.truthschool.org/events](http://www.truthschool.org/events)



**More FREE Workshops from The Truth School**





# Candid. Learning

## Unemployment Insurance: Information Session for Nonprofit & Municipal Employers

As of July 1, 2024, ALL nonprofit and municipal entities, regardless of size, will be required to be registered with the VT Department of Labor to participate in unemployment insurance.

**Wednesday, Nov. 8, 2023, 2:00pm - 3:30pm**

*Hybrid Webinar*

[Register Here](#)

## Proposal Writing Bootcamp

Learn from experts on how to craft a compelling proposal and captivate funders to support your cause.

**Mondays, Nov 6 - Dec 4, 2023  
1:00 - 2:00pm**

*Webinar Series*

[Learn More and Register](#)



NEW HAMPSHIRE  
**PUBLIC HEALTH  
ASSOCIATION**  
Improving Health. Preventing Disease. Reducing Costs for All.

**VtPHA** Vermont  
Public  
Health  
Association



Dartmouth  
Health



OKLAHOMA

CENTER

FOR

NONPROFITS

**Team Up Take Action  
Conference: Improving  
Health Equity: Programs,  
Measurements, Workforce,  
and Policy**

**December 1, 2023, 8:00am - 5:00pm  
Hanover Inn Dartmouth  
Hanover, NH**

*Conference*

[Learn More](#)

**Project Management**

**Thursday, November 30, 2023  
10:00am - 1:00pm**

*Live Webinar*

[Register Here](#)



AMERICAN PUBLIC HEALTH ASSOCIATION  
*For science. For action. For health.*

## APHA Annual Meeting: Engage, Collaborate, Grow

Nov 12th - 15th, 2023, Atlanta, GA  
*Conference*

[Register Here](#)

# de Beaumont

BOLD SOLUTIONS FOR HEALTHIER COMMUNITIES™

## Addressing Inequities in Black Maternal Health Through Community Engagement

Black women's advocacy has helped to secure crucial rights in American policy, from advancing voting access to dismantling segregation.

*Blog Post*

[Read the Blog](#)



The logo for the Oklahoma Center for Nonprofits. It features a stylized wheat stalk icon at the top. Below it, the word "OKLAHOMA" is written in a serif font with a horizontal line underneath. Below that, the word "CENTER" is written in a larger serif font with a horizontal line underneath. At the bottom, the words "FOR NONPROFITS" are written in a smaller serif font.

## Living Liberation Virtual Conference: Movement for Life: Building Sustainable Lives to Build Sustainable Movements

This unique conference is geared toward deepening the conversation around liberatory leadership amongst 300 movement leaders, social justice professionals, funders, and wellness practitioners

**Wed, Nov. 8 and Thursday, 9, 2023**

*Virtual Conference*

[Learn More and Register](#)

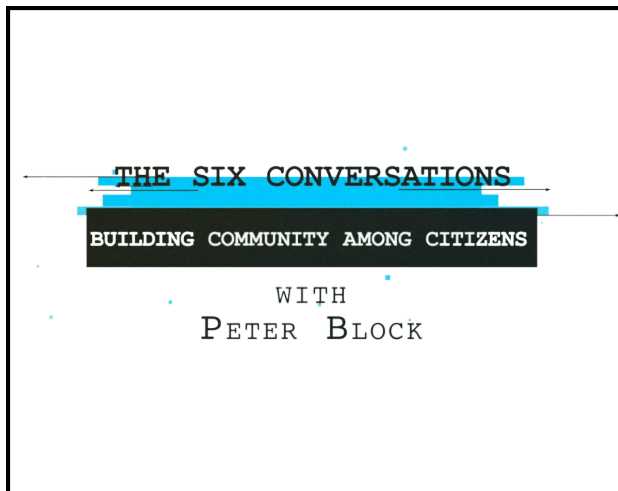
## Leading Through Change: Champions, Barriers, and Wins

Learn techniques to gather momentum, set course, and persevere through change to rally action and accomplishment.

**Tuesday, December 5, 2023  
2:00pm - 5:00pm**

*Live Webinar*

[Register Here](#)



### The Six Conversations

Peter Block offers more context and nuance in his approach to shifting the community narrative.

The essence is to invite people to connect using the Six Conversations from his book *Community: The Structure of Belonging*.



### Culturally Driven Strategies: Tailoring Health Communications to Build Understanding and Trust

How to successfully approach culturally driven strategies to communicate about public health to diverse audiences

*Recorded Webinars*

Watch Here



*Recorded Webinar*

Watch Here



## Measuring What Matters With Community-Led Monitoring

Podcast on the practice of community-led monitoring, and how this practice can help inform and influence collaborative change efforts.

*Podcast*

Listen Here

## Vermont Truth and Reconciliation Commission

Stay informed on their work.

Meetings are the first Tuesday of each month at 5:00 p.m.

Learn More



Childhood Obesity Intervention  
Cost-Effectiveness Study



WE ALL  
COUNT

project for equity  
in data science

## Coffee Chat: Cost-Effective Communication Resources To Engage Your Community

Learn about free and low-cost resources and best practices to support public health professionals in effectively communicating their work to their community.

*Recorded Webinar*

Watch Here

## All Count Newsletter

It's a project to increase equity in data science. This project has a place for you in it if you want to work towards a world where data science is good, and good for everyone.

*Resource*

Learn More Here



COLLECTIVE  
IMPACT FORUM



Public Health  
Communications  
COLLABORATIVE

## Collaborating for Systems Change

Supporting the Conditions to Advance Systems Change  
Wed, Nov 8th, 1:00 - 4:30pm

Exploring the Relational Core of Systems Change Work  
Thursday, Nov. 30th, 1:00 - 4:30pm

*Workshop Series*

[Learn More and Register Here](#)



## Facilitating Collaborative Learning

An open-access, online learning resource for current and future facilitators of collaborative learning.

*Learning Modules*

[Learn More](#)

## Communications Tool: Strategies for Developing Culturally Driven Public Health Communications

*Resource*

[Materials Here](#)



## Philanthropy's Role in Systems Change for Behavioral Health

Wed, Nov 1st 1:30pm - 2:30pm

*Live Webinar*

[Learn More](#)





friends of  
**Recovery  
Vermont**



**COMMUNITIES OF OPPORTUNITY**

## **Resilience Training with Aron Steward**

This series will address the intersections of mental health, substance use, resilience and burnout. All trainings will analyze these intersections from a diversity, equity, and inclusion perspective.

**Wed, Nov 15th, 9:00am - 4:00pm**

*Live Webinar*

[Register Here](#)

## **Capacity Building: Data and Evaluation Resources**

Communities of Opportunities Learning  
Community Resources | Workshop  
Materials

*Workshops*

[Workshop Materials Here](#)



## Centering Equity in Challenging Times

In this podcast episode, Director of Programs and Partnerships Courtney W. Robertson talks with Jamilica Burke and Melody Freeman from Seeding Success, an organization focused on supporting the wellbeing of children and families in Memphis, Tennessee.

*Podcast*

[Listen Here](#)

## Embracing Empathy: Navigating Challenging Conversations with Indra J. Acharya

We will utilize the Empathetic Bridge framework to delve into key concepts, including shared values, reacting versus responding, and empowering agency.

**Monday, November 27th, 10:00am - 11:30am**

*Live Webinar*

[Register Here](#)

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## JOIN THE NEWSLETTER!

*Do you want to add to the newsletter?*

Do you have an opportunity to share with the statewide collaborative?

Please email  
caikman@vtpha.org with the  
information!

[Join the VT CHEP Newsletter Here!](#)

## PAST VT CHEP NEWSLETTERS

[View VT CHEP's Newsletters Here](#)

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