



Monday, September 20, 2023

IN THIS NEWSLETTER

District Highlight

VT CHEP Activities

Funding Opportunity

External Resources

webinars, events, articles

Join the Newsletter!

VT CHEP DISTRICTS HIGHLIGHT

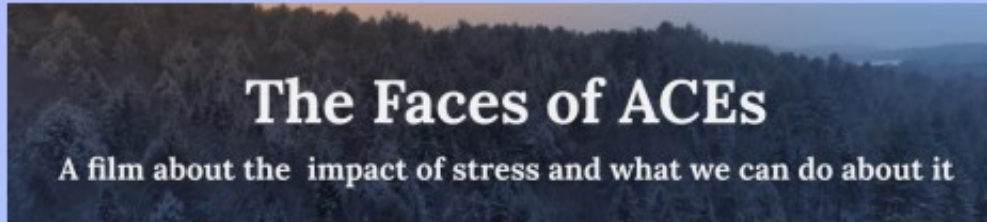
Barre District (Central Vermont)

Free Public Wellness Events

Returning Home to Ourselves

Free public wellness events:

All are welcome to a presentation, film screening, discussion, and demonstration of somatic skills:



Locally produced by Kimberly Pierce,
trauma educator and Physician Assistant with 35 years of experience.

Presentation and discussion includes concepts from the NY Times best-selling book,
"The Body Keeps the Score" by Bessel Van der Kolk.

Kim is translating neuroscience into possibilities! Discover how the neuroscience of
Epigenetics can empower us to heal ourselves, our families, and our communities.

Light
refreshments
provided

DATE & LOCATIONS

- Sat. **9/9** 5-7pm at River's Way Movement Studio in Montpelier
- Thurs. **9/14** 5:30-7:30pm at Montpelier Senior Activity Center
- Sat. **9/16** 12-2pm at the Worcester Town Hall
- Fri. **9/22** 6-8pm at the Plainfield Opera House
- Thurs. **10/12** 5:30-7:30pm at the Universalist Church in Barre

**RSVP
HERE!**



[Register Here](#)

All Brains Belong VT invites you to attend our

2ND ANNUAL COMMUNITY HEALTH EDUCATION FAIR

SUN OCTOBER 1, 2023 | 12-4 PM
VERMONT STATE HOUSE LAWN
MONTPELIER

COMMUNITY RESOURCE TABLES
ACTIVITIES FOR KIDS & ADULTS
"TAKE A BREAK" STATION

This year's event
is part of
Montpelier Fall
Festival

SPONSORED BY









Learn More about the Funded Barre Community
Projects

Community Resilience Organizations (CROS) Community Wellness Giving Program



Community Resilience Organizations

Community Resilience Organizations (CROs) has been methodically and regionally scaling a model for community wellness with support from the VT CHEP funding this year and partnering with other grantees in the White River Junction and Barre Health

Districts. In 2020, CROs initiated the [Community Wellness Gifting Program](#) to connect community activists, organizers, and caregivers with wellness services, recognizing their embodiment of resistance and linking personal wellness as a key action item in cultivating climate justice in Vermont. This program aims to increase access to wellness services not typically covered by insurance for marginalized individuals, effectively removing upfront financial barriers to a diverse range of healing modalities, including bodywork, herbalism, acupuncture, yoga, music and movement, hair care, birth and death support, and food as medicine. We open accounts with wellness practitioners and offer vouchers that gift recipients self-select, with BIPOC, LGBTQIA+, and other marginalized folks as target communities for both the practitioner network and recipients of services. Our statewide network now includes 13 practitioners, which we will continue expanding in the Barre Health District through a grant received this summer. Nearly 50 individuals have received meaningful wellness services free of charge through this program, while bolstering small wellness businesses. These grants are facilitating the program's expansion throughout central Vermont and the Upper Valley, ensuring that underserved populations, vital to our community's strength, are reached. To learn more about CROs you can visit our website [here](#).

Learn About ALL of the VT CHEP Funded Community Projects

VT CHEP ACTIVITIES

Fall Gathering

In-Person Gathering

Onward and Upward

Reflecting, Connecting, and Evolving

Thursday, October 19, 2023

**VT State University, Randolph - Judd Hall
124 Admin Dr, Randolph Center, VT 05061**

*Please contact your Integrator for more details about
registration and attendance.*

Upcoming Virtual Workshops!

Tomorrow!

Workshop

VT Funders Roundtable

Tuesday, September 19, 2023

10 - 11:30am

Open to all VT CHEP partners statewide

Join us for an interactive discussion with a variety of Vermont funders to learn first hand about their funding processes, timelines and the different focus of their giving. There will be a brief presentation by each panelist and ample time for your questions. Participation in this event is not a guarantee of funding.

Learning objectives:

- Understand the how the funding process works for the participating funders
- Learn from other attendees about their funding goals
- Understand how your funding priorities align with the participating funders

This workshop will be recorded and posted on the [NE Public Health Training Center site](#).

More detailed information about the presenters and an agenda will be available at vtphi.org/vt-chep-calendar.

All Webinar Materials

[Find Instructions Here](#)



CAREER RESOURCES

Looking for a New Role As the VT CHEP Grant Winds Down?

With the VT CHEP grant ending in November, some folks might be looking for a career change. Here are some resources and tips that we hope will be of help.

Some times when looking for a new role, it can feel exhausting and overwhelming.

Think about it in terms of "eating cake" - 99.999999% of the time, you do not typically sit down and eat a whole cake; rather you take a slice or bite here and there until the "task" of eating the cake is complete!

Think of looking for a new role as many little steps (or "bites") that lead to the outcome you are hoping for (a great new role!).

Starting with some intentional foundation work first can help. Ask yourself:

- What are your core values in life and your professional values in career?
- Where do they intersect and where can you compartmentalize?
- What are my core values?
- Think about the industries that exist, and their characteristics - what feels like a good fit for your values?
- And, think about organizational attributes as well - what feels like a good fit for your values and needs?

With this foundational work completed, it can serve as a boundary for yourself as you navigate the job market.

A Few Career Resources

[Figure out What You Want in Your Next Career Article](#)

[How To Job Hunt When You Are Already Exhausted](#)

[Public Health Careers Listing | Here Too](#)

[Find the Right Words and Build Skills](#)

[LinkedIn Networking Guide](#)

[Common Good VT Newsletter](#)

[VT Department of Labor Job Services](#)

[VT Professionals of Color Network Job Board](#)

Oct 25, 2022: Networking Webinar on the VT CHEP | NEPHTC Platform
Make an account to access this recorded webinar - instructions are [here](#).

FUNDING OPPORTUNITY



THE Vermont Community Foundation

Farm Disaster Relief Grant Program

The Farm Disaster Relief Grant Program addresses the critical needs of Vermont farms that sustained damage from the historic storms and flooding in July and August. The program is designed to meet unmet need, and help farms and farmers continue or return to production. This opportunity is made possible by many organizations and individuals who contributed generously to the VT Flood Response & Recovery Fund 2023.

Funding Guidelines

Farms directly impacted by storms and flooding in July and August 2023 may seek funding through the Farm Disaster Relief Grant Program. For those losses not otherwise covered by insurance or able to be covered by sources of income, grant awards can support:

- Replacement of seed, feed, livestock, supplies or equipment.
- Infrastructure and/or capital repairs.
- Loss of revenue due to closure or damages, including loss of value of crops at the time of flooding and/or storms.
- Outstanding bills including farm mortgage costs, land lease payments, utility payments, or animal feed bills.
- Unexpected expenses related to storm and flood impacts.

Grants up to \$10,000, as available funds allow.

Round 2 Deadline:
Applications and supporting documentation must be received by 5 p.m. on Wednesday, September 27 to be considered.

[Learn More](#)



Community Action Team Grants

The Vermont Community Action Teams (CATs) are groups of employees at each of Ben & Jerry's three Vermont manufacturing and office facilities. They offer general or project support within the broad guidelines and funding provided by the Ben & Jerry's Foundation. Every month, the CATs make small grants, generally under \$2,000, to various local, community-based Vermont non-profit programs. In addition to making small grants, the CATs plan community service projects for all employees at their sites.

TO BE CONSIDERED FOR FUNDING, EACH APPLICANT ORGANIZATION MUST BE:

- Located in Vermont
- A local, community-based, non-profit, 501(c)(3) organization,
- An organization that has a fiscal agent with 501(c)(3) status,
- A municipal school, or a municipality

FUNDING PREFERENCE WILL BE GIVEN TO ORGANIZATIONS THAT:

- Focus on under-served populations including seniors, youth, low-income and communities of color
- Address basic human needs and the needs of underserved areas of the state
- Improve access to housing, food, health care, elder and child care

- Have a strong volunteer base
- Can demonstrate the support of their community
- Don't rely exclusively on funding from the Ben & Jerry's Foundation
- Might not have access to more mainstream sources of support

Applications Reviewed Monthly

[Learn More](#)



**Amplify
Fund**

Amplify Fund - Advancing Equity Collaboratives

This RFP seeks applications from nonprofit collaboratives that are centered on advancing equity – with a particular focus on racial and social justice – throughout the People’s United Bank legacy footprint, including Connecticut, Massachusetts, Vermont, New Hampshire, southern Maine, Long Island and Westchester County, New York.

Funding is up to three years, to community-based organizations that are working together toward a common goal for solving a specific social problem, using a structured form of collaboration, including public and private partnerships.

This work should respond directly to documented needs, challenges, and gaps to help advance equity in the following key areas of focus:

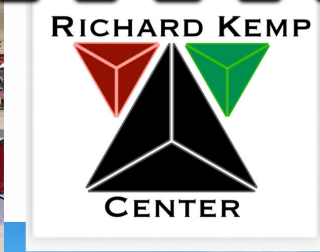
- Family Stability – affordable housing, food security, access to quality and affordable childcare
- Income & Wealth Equity – employment, small business development, homeownership, and financial empowerment initiatives
- Workforce Development – education and training opportunities focused on upskilling and career pathways in high-growth sectors that leads to economic prosperity
- Health Equity – access to quality and affordable healthcare, with a priority on youth mental health and women and infant health

RFP Submission Deadline: October 6, 2023
Decisions and Notifications Period: December 2023

[Learn More](#)

EXTERNAL ACTIVITIES

AFTER SCHOOL ACTIVITIES



Starting Oct 2. Mon - Fri 3pm - 5:30 pm

Richard Kemp Center

372 N. Winooski Ave Burlington, VT

1-802-391-4335 www.richardkempcenter.org



Richard Kemp Center: After School Activities

Parent Engagement Sessions for RKC Afterschool Activities

Light dinner provided

Tuesday, 9/19/23, 6:30pm - 7:30pm

Wednesday, 9/27/23 6:00pm - 7:00pm

372 North Winooski Ave, Burlington



THE RICHARD KEMP CENTER'S YOUTH MOVIE NIGHT

EVERY 2ND AND 4TH FRIDAY

**372 N. WINOOSKI AVE.
Burlington, VT 05401
6.00 P.M. - 9.00 P.M.**



FOOD/SNACKS!

GAMES!

BEVERAGES!



For more information call Empress (802)-777-7532
or Christine (802) 391-4335

WWW.RICHARDKEMPCENTER.ORG

[Learn More About the RKC](#)



Applications Now Open for the National Leadership Academy for the Public's Health

Now in its 13th year, the National Leadership Academy for the Public's Health (NLAPH) helps teams with members from diverse sectors including health, housing, education, transportation, and law enforcement to grow individual leaders into a collective leadership team better suited to address today's complex issues and

effectively transform their communities, improve health, and advance equity.

Multi-sector teams are now invited to apply to NLAPH and transform their collective impact.

Applications are due Monday, October 2, 2023, by 5 PM PT.

[Learn More](#)



**FREE 6-SESSION ONLINE COURSE!
AND STILL WE RISE:
Six-Month Leadership Forum
for Womxn of Color**

Saturdays @ 10:00 AM - 1:00 PM ET

S1: September 23, 2023

S2: October 21, 2023

S3: November 18, 2023

S4: December 16, 2023

S5: January 20, 2024

S6: February 17, 2023



WITH AMIHAN MATIAS

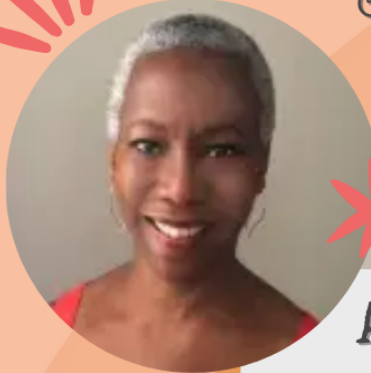
**FREE! Pre-registration is required. Register here:
www.truthschool.org/events**



FREE ONLINE COURSE!

SATURDAY, SEPTEMBER 30, 2023

@ 1:00 - 3:00 PM ET



**FREE! PRE-REGISTRATION
IS REQUIRED. REGISTER HERE:
WWW.TRUTHSCHOOL.ORG/EVENTS**

**ACTIVISM FOR
INTROVERTS AND
HIGHLY SENSITIVE
PEOPLE**

With OMKARI WILLIAMS



More FREE Workshops from The Truth School

MINNESOTA
COUNCIL OF
NONPROFITS

**Doing Our Own Work:
Personal and Professional
Anti-Racism**

Cohort-based, three-part training, will bring together leaders who are ready for a deep dive into their own personal anti-racism ideals as well as how they are combating racism in their work/community spaces.

October 11th
October 25th
November 8th

10:00 a.m. - 1 p.m.
Virtual Workshop Series

[Register Here](#)



**STRETCH 2.0 Applications
Open**

Strategies To Repair Equity and Transform Community Health Initiative (STRETCH) 2.0 initiative focuses on strengthening community engagement and sustaining partnerships to address persistent structural inequities.

Due date: October 6, 2023

RFP Application

[Learn More](#)

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

Candid. Learning

Undoing Segregation

Part two of the [Healing segregation for health equity](#) webinar series in September. New York Times bestselling author of the “Color of Law,” Richard Rothstein, will discuss how racist, unconstitutional government policies created the residential segregation we live with today.

Part One recording is [here](#).

**Tuesday, Sept 26, 2023, 3:00pm -
4:00pm**

Live Webinar

Register Here

Introduction to Measuring Your Impact

Learn how to shift your nonprofit's focus from activities to outcomes, allowing you to demonstrate your true impact and create powerful strategies to secure more funding opportunities.

Wed, Sept 27th, 2:00pm - 3:15pm

Live Webinar

Learn More and Register

Candid. Learning



Introduction to Fundraising Planning

Friday, Sept 22, 2023, 2:00pm - 3:15pm

Live Webinar

[Learn More](#)

Annual Celebration 2023

Special guest, Mika Brzezinski, New York Times Best-Selling Author, Co-host of MSNBC's Morning Joe, and Founder of Know Your Value.

Friday, Sept 22, 5:30pm - 7:30pm

Live Event

[Learn More and Register](#)



Team Up Take Action Conference: Improving Health Equity: Programs, Measurements, Workforce, and Policy

December 1, 2023, 8:00am - 5:00pm
Hanover Inn Dartmouth
Hanover, NH

Session Proposals Due
September 18, 2023

Dismantling White Saviorism: Knowing Your Role in Anti-Racism, Equity and Inclusion

Wednesday, September 27, 2023
9:00am - 12:00pm

Live Webinar

[Register Here](#)

Conference

Learn More



APHA Annual Meeting: Engage, Collaborate, Grow

Nov 12th - 15th, 2023, Atlanta, GA

Conference

Register Here



The Role of Board Chair Series

4-Part Series | Online via Zoom

**Tuesday, October 3, 2023
Tuesday, October 10, 2023
Tuesday, October 17, 2023
Tuesday, October 24, 2023**

3:00pm - 4:00pm

Webinar Series

Register Here



Public Health
Communications
COLLABORATIVE

VT Language Justice Project

Providing critical information for Vermonters in multiple languages.

Article

[Read the Article](#)

Fall 2023 Vaccination Promotion Toolkit

Use this resource to help communicate timely, effective, and consistent vaccine information.

Resource

[Find the Toolkit Here](#)



Public Health
Communications
COLLABORATIVE

Calling for Proposals Collective Impact Action Summit April 30 - May 2, 2024

The Summit will elevate practical advice

Doing Our Own Work: Personal and Professional Anti-Racism

and examples of what it takes for communities to strengthen collaboration, advance equity, and improve lives.

Deadline October 30, 2023

RFP Application

[Learn More Here](#)

Cohort-based, three-part training, we will bring together leaders who are ready for a deep dive into their own personal anti-racism ideals as well as how they are combating racism in their work/community spaces.

Webinar Training Series

[Learn More and Register](#)



Lived Experience and Community Narrative as Evidence of Impact

**Wednesday, October 4 2023,
12:30pm - 2:00pm**

Live Webinar

[Register](#)



Financial Coaching Helpline

Financial coaching helpline support is 1:1 support for organizations seeking support on financially related questions. It can be a good introduction to 1:1 financial coaching or a quick way to talk through a financial question or challenge.

Resource

[Learn More Here](#)



Association of Fundraising Professionals

Fundraising E-Courses

A wide variety of recorded webinars
focused on fundraising.

E-Courses

Learn More

FacingSuicide

Suicide Prevention Toolkit

The Vermont Departments of Health and
Mental Health and the Center for Health
and Learning have partnered to create a
[Suicide Prevention Outreach and Social
Media Toolkit.](#)

Organizations and community members
can use this toolkit to promote awareness of
Suicide Prevention Awareness Month in
September.

Resource

Find the Toolkit Here



COLLECTIVE
IMPACT FORUM

FSG



Inclusive Facilitation for Social Change

Facilitating inclusive meetings is a vital skill that can transform ordinary gatherings into effective and empowering experiences for everyone involved.

Article

Article Here

Public Health
Communications
COLLABORATIVE

Culturally Driven Strategies: Tailoring Health Communications to Build Understanding and Trust

**Thursday, September 21, 2023, 1:00 -
2:30pm**

Live Webinar

Learn More and Register

 THE
COACHING
APPROACH

An initiative of Results for Development

Facilitating Collaborative Learning

asthotm

Advancing Maternal Health With Data Equity

An open-access, online learning resource for current and future facilitators of collaborative learning.

Learning Modules

Learn More

Participants will obtain an overview of the impact data equity has on improving maternal and infant health outcomes as well as the role providers play in advancing maternal health through data equity practices.

Wednesday, October 4, 2023, 3:00pm - 4:00pm

Live webinar

Register Here



Building Capacity to Support Community Listening

What can it look like to build capacity to support authentic community listening?

In this [new podcast discussion](#), we learn about the community listening work supported by the Foundation for a Healthy St. Petersburg.

Recorded Podcast

Facilitative Leadership

**Wednesday, September 27, 2023
2:00pm - 5:00pm**

Live Webinar

Register Here

[Listen Here](#)

The logo for CompassPoint, featuring the word "CompassPoint" in a white, sans-serif font on a dark grey rectangular background.

**Manage Your Energy,
Reclaim Your Time: A Path to
Personal Sustainability**

**Day 1: Tues Oct 10 | 12:30 pm -
3:30pm**

**Day 2: Thurs Oct 12 | 12:30 pm -
3:30pm**

Webinar Series

[Details and Registration](#)

**Agile for Nonprofits: Bigger
Impact, Better Pace, Happier
Teams**

**Tuesday, October 10, 2023,
11:00am - 12:00pm**

Live Webinar

[Details and Registration](#)



Identities and Biases on the Road to Recovery

We will delve into various concepts, including biases (both, implicit and explicit), stereotypes, prejudice and discrimination.

Friday, Sept 29th, 12:00pm - 1:30pm

Live Webinar



Capacity Building: Data and Evaluation Resources

Communities of Opportunities Learning Community Resources | Workshop Materials

Workshops



Belonging Design Principles

The distinct belonging

Mental Health 101 - The Landscape of VT

Join Dr. Aron Steward, Chief of Psychology

framework developed by the Othering & Belonging Institute (OBI) includes a set of principles and practices that can root out structural inequality and exclusion of all kinds while helping us turn toward, rather than against, each other.

Resource

[Resource Guide Here](#)

of the UVM Health Network, as part of Recovery VT's Mental Health and Resilience Training series.

**Wednesday, September 20th,
9:00am - 4:00pm**

Live Webinar

[Register Here](#)

JOIN THE NEWSLETTER!

***Do you want to add
to the newsletter?***

Do you have an opportunity to share with the statewide collaborative?

Please email caikman@vtpha.org with the information!

[Join the VT CHEP Newsletter Here!](#)

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